

Dir.	Proceed on-----.....---for	Mi.	Then...	Total
	22nd Street Park	0.2	left onto	0.2
←	Harbor Blvd / Front St.	2.1	veer right onto Pacific Tracks	2.3
↗	Pacific Ave / John Gibson TRACKS	1.2	veer right onto Harry Bridges	3.5
↗	Harry Bridges Blvd	1.3	straight onto	4.8
↑	Alameda St	0.9	right onto	5.7
→	Anaheim St	3.0	right onto	8.7
→	Pacific Ave	0.9	left onto	9.6
←	Broadway	3.8	left onto	13.4
←	Bay Shore Ave	0.3	right onto	13.7
→	Appian Way	0.6	veer right up the ramp	14.3
↗	2nd St	0.3	right onto	14.5
→	Marina Dr	0.4	left onto	14.9
←	Studebaker Rd	0.1	right onto	15.0
→	PCH	10.2	right into parking lot at Beach Blvd, Rest Stop #1	25.2
→	PCH	5.7	right onto	30.9
→	Bayside Dr	2.3	left onto	33.2
Dir. Proceed on-----.....---for Mi. Then... Total				
←	Marguerite Ave	0.1	right onto	33.3
→	PCH Hwy 1	13.9	straight - name change only	47.2
↑	Del Prado	0.5	right onto	47.7
→	Golden Lantern	0.3	left onto	48.0
←	Dana Point Harbor Dr	0.3	right onto	48.4
→	Park Lantern / State Park gate	0.5	name change only (bike path & parking lot)	48.9
↑	Beach Rd parking lot on the right	1.0	Rest Stop #2 Capistrano Beach	49.8
↑	PCH becomes El Camino Real	4.7	right onto (just before going under freeway)	54.5
→	Avenida Valencia	0.1	left immediately onto	54.6
←	Avenida Del Presidente to end	1.8	right onto bike trail (Don't cross frwy)	56.4
→	Cristianitos Bike Trail	1.0	Stay left, go thru gap in fence before shack	57.4
↖	Old Hwy 1	2.8	straight thru San Onofre state beach entrance	60.2
↑	Old Hwy1 Go thru tunnel under frwy	4.9	continue right on trail along frwy	65.1
→	Old Hwy1	1.6	left onto	66.6
←	Las Pulgas Rd to Camp Pendleton gate	0.7	right onto - Refold this Route Sheet here	67.3

Dir.	Proceed on-----.....---for	Mi.	Then...	Total
→	Stuart Mesa Rd	4.5	veer and stay right	71.9
↗	Stuart Mesa Rd	2.4	right onto	74.2
→	Vandegrift Blvd	1.9	Go under 5 freeway / left onto last street	76.1
←	Harbor Dr South	0.1	stay left then Harbor Dr will turn right	76.2
→	Harbor Dr South	0.4	left onto	76.6
←	No. Pacific St	2.3	Rest Stop #3 left into Buccaneer Park for Lunch	78.9
↑	No. Pacific St	0.3	left onto	79.2
←	Cassidy St	0.2	right onto	79.4
→	Broadway	0.4	left onto	79.8
←	Eaton St	0.1	right onto	79.9
→	Coast Highway / Carlsbad Blvd	9.5	right onto to avoid heavy traffic area	89.3
→	"D" Street	0.1	left onto	89.4
←	2nd Street	0.6	left onto	90.0
←	"K" Street	0.1	right onto	90.1
→	PCH/Carlsbad/Camino Del Mar/S21	7.9	Torrey Pines park option go thru parking lot. Steeper	98.0
↑	Hwy S21 / No Torrey Pines Road Climb	1.6	Rest Stop #4 Torrey Pins golf driving range	99.6
→	No. Torrey Pines Rd	1.3	right - DO NOT go on Genesse!	100.9
Dir.	Proceed on-----.....---for	Mi.	Then...	Total
→	No. Torrey Pines Rd	1.7	veer right down on ramp exit (past La Jolla Scenic Dr)	102.6
↗	Gilman Dr	1.8	go under frwy - bike trail at very end on right	104.4
→	Rose Canyon bike trail	1.2	straight onto	105.6
↑	Santa Fe St	2.0	right onto	107.6
→	Damon	0.2	cross Mission Bay then down stairs to bike path	107.8
↑	Rose Creek bike trail Under overpass	0.8	left onto	108.6
←	No Mission Bay Drive -> Mission Bay	2.8	straight onto	111.4
↑	Fiesta Island Rd / Pacific Hwy	1.7	right onto	113.1
→	Enterprise St	0.0	left onto	113.1
←	Jessop Ln	0.1	right onto	113.2
→	Barnett Ave	0.8	left onto	114.0
←	Truxton Rd	0.5	left onto	114.5
←	Roosevelt Rd	0.2	right onto	114.7
→	Cushing Rd	0.0	Truck will be parked on your right	114.7